

1/4 IM
Ośno Lubuskie 2019

MIEJSCE	IMIĘ	NAZWISKO	NR. STARTOWY	KAT WIEK	PŁYWANIE	M1	T1	ROWERY	M2	T2	BIEG	M3	TOTAL
1	Wojciech	Greguła	100	M30	00:14:29	(1)	00:00:52	01:12:05	(1)	00:00:36	00:41:48	(3)	02:09:50
2	Bartosz	Czajkowski	86	M20	00:15:34	(2)	00:00:50	01:14:22	(5)	00:00:58	00:41:01	(2)	02:12:45
3	Wojciech	Oczkowski	66	M20	00:17:01	(11)	00:00:44	01:15:42	(7)	00:00:51	00:40:42	(1)	02:15:00
4	Krzysztof	Łukaszewicz	75	M20	00:17:11	(13)	00:01:22	01:14:03	(4)	00:00:43	00:43:13	(5)	02:16:32
5	Krzystian	Doleżek	52	M40	00:17:01	(12)	00:01:07	01:14:34	(6)	00:00:50	00:43:31	(7)	02:17:03
6	Jacek	Cybulski	58	M30	00:15:55	(3)	00:01:05	01:16:46	(9)	00:01:04	00:45:21	(10)	02:20:11
7	Łukasz	Suchocki	15	M20	00:18:02	(26)	00:01:08	01:16:30	(8)	00:01:08	00:43:56	(8)	02:20:44
8	Sylwester	Hawrot	71	M50	00:17:21	(16)	00:01:02	01:19:06	(12)	00:00:38	00:43:24	(6)	02:21:31
9	Krzysztof	Zajęc	12	M30	00:17:52	(21)	00:00:54	01:14:03	(3)	00:00:44	00:49:19	(19)	02:22:52
10	Karol	Frydryk	99	M30	00:17:37	(18)	00:00:55	01:13:58	(2)	00:00:44	00:50:32	(22)	02:23:46
11	Mariusz	Bąbelek	92	M20	00:18:27	(29)	00:01:06	01:20:48	(15)	00:00:37	00:44:29	(9)	02:25:27
12	Maciej	Zimny	37	M20	00:18:34	(34)	00:01:11	01:18:37	(11)	00:00:33	00:47:27	(14)	02:26:22
13	Artur	Nowak	34	M40	00:16:36	(6)	00:01:27	01:19:42	(13)	00:00:52	00:48:53	(16)	02:27:30
14	Boris	Kowal	68	M30	00:16:16	(4)	00:01:24	01:20:13	(14)	00:00:55	00:51:51	(27)	02:30:39
15	Paweł	Muchowicz	53	M40	00:16:22	(5)	00:01:08	01:22:47	(25)	00:00:45	00:49:43	(20)	02:30:45
16	Piotr	Hojka	85	M30	00:19:42	(39)	00:01:38	01:18:16	(10)	00:00:59	00:50:15	(21)	02:30:50
17	Adam	Bagiński	25	M30	00:18:39	(35)	00:01:42	01:22:26	(24)	00:01:04	00:47:21	(12)	02:31:12
18	Aleksander	Bąk	72	M40	00:21:24	(53)	00:01:26	01:22:24	(23)	00:01:29	00:46:03	(11)	02:32:46
19	Grzegorz	Ulanowski	70	M40	00:17:21	(15)	00:01:28	01:23:45	(29)	00:01:12	00:49:09	(17)	02:32:55
20	Arkadiusz	Szymczak	9	M20	00:17:46	(19)	00:01:05	01:25:02	(33)	00:01:16	00:48:25	(15)	02:33:34
21	Jakub	Adam	48	M30	00:17:53	(22)	00:01:52	01:23:06	(26)	00:01:57	00:50:50	(25)	02:35:38
22	Krzysztof	Żbik	24	M40	00:18:27	(30)	00:01:16	01:22:14	(21)	00:01:15	00:52:42	(35)	02:35:54
23	Andrzej	Szczepeński	87	M40	00:18:27	(31)	00:02:03	01:26:00	(36)	00:02:05	00:47:23	(13)	02:35:58
24	Krzysztof	Sikorski	19	M30	00:18:30	(32)	00:03:17	01:30:04	(52)	00:01:46	00:42:32	(4)	02:36:09
25	Konrad	Woronowicz	20	M20	00:19:11	(37)	00:00:52	01:21:52	(18)	00:01:00	00:53:14	(39)	02:36:09
26	Tomasz	Staby	61	M40	00:20:09	(42)	00:01:07	01:21:18	(16)	00:00:59	00:53:11	(38)	02:36:44
27	Piotr	Dabrowski	77	M40	00:17:11	(14)	00:00:59	01:22:06	(20)	00:01:09	00:55:29	(49)	02:36:54
28	Heike	Schulze	96	K50	00:20:16	(44)	00:01:30	01:22:23	(22)	00:01:06	00:52:02	(29)	02:37:17
29	Bartosz	Śmieja	13	M40	00:17:28	(17)	00:01:53	01:21:56	(19)	00:00:55	00:55:44	(51)	02:37:56
30	Mateusz	Wójtowicz	39	M30	00:16:51	(9)	00:01:30	01:28:13	(43)	00:00:43	00:50:53	(26)	02:38:10
31	Antoni	Nowak	35	M20	00:16:55	(10)	00:01:29	01:28:06	(41)	00:01:16	00:50:48	(24)	02:38:34
32	Bogdan	Dubiec	8	M50	00:17:59	(25)	00:01:32	01:23:14	(27)	00:01:39	00:54:16	(45)	02:38:40
33	Grzegorz	Kukorowski	4	M40	00:16:37	(7)	00:01:41	01:25:22	(35)	00:01:13	00:53:50	(42)	02:38:43
34	Paweł	Markowski	22	M40	00:16:39	(8)	00:02:41	01:27:51	(39)	00:01:19	00:50:48	(23)	02:39:18
35	Norbert	Trudzinski	16	M40	00:20:45	(45)	00:01:28	01:24:13	(30)	00:00:53	00:53:40	(41)	02:40:59
36	Dominik	Kosiński	45	M20	00:18:02	(27)	00:01:15	01:28:10	(42)	00:01:27	00:52:16	(31)	02:41:10
37	Ireneusz	Leks	83	M50	00:19:57	(40)	00:01:53	01:29:21	(47)	00:01:00	00:49:10	(18)	02:41:21
38	Piotr	Michalak	14	M30	00:18:32	(33)	00:01:11	01:27:26	(38)	00:01:10	00:53:29	(40)	02:41:48
39	Mariusz	Skiba	89	M30	00:20:02	(41)	00:02:13	01:27:02	(37)	00:01:10	00:52:37	(34)	02:43:04
40	Lesław	Jakubowski	33	M60	00:20:54	(46)	00:02:14	01:23:29	(28)	00:01:15	00:55:42	(50)	02:43:34
41	Łukasz	Scherfenberg	42	M30	00:18:22	(28)	00:02:44	01:25:13	(34)	00:01:28	00:56:37	(58)	02:44:24
42	Mariusz	Sozański	63	M20	00:22:40	(62)	00:01:15	01:27:55	(40)	00:00:58	00:52:20	(32)	02:45:08
43	Tim	Maihold	69	M20	00:21:20	(52)	00:00:49	01:21:40	(17)	00:00:53	01:01:24	(70)	02:46:06
44	Filip	Wiśniewski	80	M30	00:21:00	(49)	00:02:13	01:30:35	(54)	00:00:57	00:51:59	(28)	02:46:44
45	Cezary	Wójcikowski	79	M40	00:17:56	(23)	00:01:14	01:24:42	(32)	00:01:19	01:01:40	(71)	02:46:51

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MIEJSCE	IMIĘ	NAZWISKO	NR. STARTOWY	KAT WIEK	PŁYWANIE	M1	T1	ROWERY	M2	T2	BIEG	M3	TOTAL
46	Tobiasz	Żyła	57	M20	00:21:31	(54)	00:03:21	01:29:31	(48)	00:00:45	00:52:11	(30)	02:47:19
47	Paweł	Pilarski	1	M40									02:47:31
48	Krzysztof	Szymczak	10	M50	00:23:19	(69)	00:01:56	01:28:24	(44)	00:00:59	00:52:54	(37)	02:47:32
49	Mateusz	Tokarski	3	M30	00:22:47	(63)	00:01:36	01:30:27	(53)	00:01:20	00:52:36	(33)	02:48:46
50	Jakub	Trzczyński	78	M20	00:18:44	(36)	00:01:38	01:24:33	(31)	00:02:03	01:02:55	(73)	02:49:53
51	Michał	Hebdzyński	56	M20	00:22:00	(57)	00:03:02	01:29:12	(46)	00:01:44	00:54:12	(44)	02:50:10
52	Arkadiusz	Trociński	6	M50	00:22:47	(64)	00:01:31	01:29:41	(50)	00:01:50	00:54:36	(47)	02:50:25
53	Damian	Garczyk	73	M30	00:17:49	(20)	00:01:52	01:29:37	(49)	00:01:30	00:59:52	(67)	02:50:40
54	Antonina	Frieske	55	K18	00:17:58	(24)	00:01:25	01:34:59	(61)	00:01:23	00:55:45	(53)	02:51:30
55	Krzysztof	Czerenkiewicz	2	M30	00:23:16	(68)	00:02:27	01:28:43	(45)	00:01:11	00:56:39	(59)	02:52:16
56	Justyna	Kowalska	32	K40	00:20:13	(43)	00:01:51	01:32:53	(56)	00:01:42	00:57:52	(61)	02:54:31
57	Pierre	Schulze	97	M50	00:21:19	(51)	00:02:08	01:36:26	(66)	00:01:23	00:54:20	(46)	02:55:36
58	Remigiusz	Parszewski	36	M30	00:25:16	(79)	00:02:02	01:35:35	(63)	00:00:53	00:54:04	(43)	02:57:50
59	Sławomir	Bogucki	64	M50	00:25:12	(78)	00:02:08	01:33:36	(58)	00:02:13	00:54:53	(48)	02:58:02
60	Edyta	Androniak	31	K30	00:21:41	(55)	00:02:07	01:37:52	(67)	00:01:33	00:55:45	(52)	02:58:58
61	Maciej	Maciejewski	18	M40	00:21:48	(56)	00:02:42	01:30:37	(55)	00:01:43	01:02:30	(72)	02:59:20
62	Artur	Dobiecki	51	M40	00:22:08	(59)	00:01:48	01:39:10	(70)	00:01:19	00:55:48	(54)	03:00:13
63	Krzysztof	Zacharzewski	88	M40	00:21:02	(50)	00:03:13	01:36:13	(64)	00:01:17	00:59:06	(63)	03:00:51
64	Waldemar	Kosiński	44	M40	00:22:24	(61)	00:02:21	01:35:11	(62)	00:02:33	00:58:44	(62)	03:01:13
65	Kinga	Mikołajczyk	82	K30	00:23:37	(72)	00:01:16	01:33:42	(59)	00:01:28	01:01:16	(69)	03:01:19
66	Jakub	Pisarek	65	M20	00:19:26	(38)	00:02:14	01:29:54	(51)	00:01:32	01:08:49	(79)	03:01:55
67	Grzegorz	Struzik	81	M40	00:20:59	(48)	00:03:42	01:42:24	(78)	00:02:26	00:52:44	(36)	03:02:15
68	Andrzej	Stefanowicz	60	M30	00:20:56	(47)	00:01:51	01:42:36	(79)	00:01:15	00:56:32	(57)	03:03:10
69	Łukasz	Talkowski	54	M30	00:23:09	(66)	00:01:07	01:33:03	(57)	00:01:35	01:05:04	(75)	03:03:58
70	Tomasz	Dudek	74	M30	00:22:10	(60)	00:02:50	01:38:47	(69)	00:01:17	00:59:33	(65)	03:04:37
71	Marlena	Wiśniewska	90	K40	00:26:19	(85)	00:01:56	01:39:39	(72)	00:00:50	00:57:20	(60)	03:06:04
72	Daniel	Pranica	11	M20	00:24:34	(76)	00:02:46	01:41:20	(77)	00:01:31	00:56:17	(56)	03:06:28
73	Anna	Tyczyńska	49	K30	00:25:41	(83)	00:01:21	01:44:11	(82)	00:02:09	00:56:08	(55)	03:09:30
74	Leszek	Kwiatkowski	40	M50	00:25:43	(84)	00:02:49	01:41:04	(76)	00:01:04	00:59:21	(64)	03:10:01
75	Jarek	Kramer	84	M50	00:22:05	(58)	00:01:48	01:38:45	(68)	00:01:48	01:07:40	(78)	03:12:06
76	Roman	Wojnicki	62	M60	00:30:22	(88)	00:01:54	01:39:29	(71)	00:01:44	00:59:34	(66)	03:13:03
77	Mateusz	Talkowski	59	M30	00:25:22	(80)	00:03:03	01:39:47	(73)	00:00:51	01:05:06	(76)	03:14:09
78	Przemysław	Mania	23	M30	00:23:50	(74)	00:02:27	01:43:12	(80)	00:01:40	01:03:38	(74)	03:14:47
79	Dariusz	Bober	21	M40	00:25:38	(82)	00:02:51	01:40:02	(74)	00:01:52	01:05:38	(77)	03:16:01
80	Bartłomiej	Nagalewski	29	M40	00:22:55	(65)	00:03:03	01:36:14	(65)	00:02:27	01:12:33	(82)	03:17:12
81	Paweł	Kutkowski	27	M60	00:23:15	(67)	00:03:38	01:34:29	(60)	00:01:49	01:16:01	(86)	03:19:12
82	Łukasz	Michalski	94	M30	00:23:48	(73)	00:02:58	01:50:07	(85)	00:02:22	01:00:08	(68)	03:19:23
83	Jarosław	Kniaz	26	M40	00:23:35	(71)	00:04:15	01:43:15	(81)	00:02:15	01:09:14	(80)	03:22:34
84	Adam	Zajęc	7	M30	00:23:24	(70)	00:03:25	01:40:54	(75)	00:01:47	01:20:40	(88)	03:30:10
85	Maciej	Tatała	67	M40	00:25:36	(81)	00:03:51	01:45:47	(83)	00:02:46	01:12:19	(81)	03:30:19
86	Anna	Krzywak	95	K40	00:24:52	(77)	00:03:12	01:53:43	(86)	00:03:29	01:13:15	(83)	03:38:31
87	Andrzej	Nowakowski	91	M30	00:27:56	(87)	00:04:06	01:58:36	(88)	00:00:49	01:14:28	(85)	03:45:55
88	Bolesław	Wróblewski	30	M65	00:36:17	(89)	00:02:45	01:48:28	(84)	00:00:55	01:20:21	(87)	03:48:46
89	Grzegorz	Korczyk	5	M30	00:26:35	(86)	00:02:34	01:55:04	(87)	00:01:47	01:25:10	(89)	03:51:10
90	Zuzanna	Krzyżanowska	41	K20	00:24:29	(75)	00:02:59	02:09:33	(89)	00:02:33	01:13:19	(84)	03:52:53

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Ośno Lubuskie 2019

MIEJSCE	IMIĘ	NAZWISKO	NR. STARTOWY	KAT WIEK	PŁYWANIE	M1	T1	ROWERY	M2	T2	BIEG	M3	TOTAL
1	Adrian	Klincewicz	96	M20	00:07:48	(4)	00:00:57	00:36:20	(2)	00:00:39	00:21:08	(7)	01:06:52
2	Robert	Walczak	16	M30	00:07:27	(3)	00:00:40	00:37:51	(3)	00:00:39	00:20:34	(4)	01:07:11
3	Adam	Kuś	28	M20	00:09:05	(17)	00:00:51	00:38:04	(5)	00:00:29	00:19:07	(1)	01:07:36
4	Artur	Bobrowicz	54	M30	00:08:49	(10)	00:00:53	00:38:04	(4)	00:00:48	00:19:23	(2)	01:07:57
5	Radosław	Bartkowski	80	M30	00:09:24	(19)	00:00:55	00:36:15	(1)	00:00:50	00:21:00	(6)	01:08:24
6	Michał	Gurgul	8	M20	00:08:06	(6)	00:01:39	00:40:00	(7)	00:00:50	00:19:50	(3)	01:10:25
7	Robert	Szombierski	34	M30	00:08:34	(8)	00:00:55	00:40:45	(9)	00:00:33	00:20:58	(5)	01:11:45
8	Szymon	Wieja	37	M40	00:07:01	(1)	00:01:15	00:42:00	(13)	00:00:54	00:22:52	(13)	01:14:02
9	Artur	Grędziński	20	M40	00:09:46	(28)	00:01:20	00:39:54	(6)	00:00:52	00:22:54	(16)	01:14:46
10	Kacper	Grzelak	38	M18	00:07:01	(2)	00:00:58	00:45:01	(28)	00:00:52	00:21:48	(11)	01:15:40
11	Jerzy	Ryś	41	M30	00:07:52	(5)	00:01:14	00:41:38	(12)	00:00:53	00:24:36	(25)	01:16:13
12	Michał	Leszczyński	12	M40	00:08:59	(14)	00:01:17	00:43:26	(19)	00:00:38	00:22:02	(12)	01:16:22
13	Adam	Misiukiewicz	6	M20	00:09:28	(20)	00:00:57	00:41:34	(11)	00:00:41	00:23:42	(21)	01:16:22
14	Bartosz	Malinowski	59	M40	00:09:34	(23)	00:01:10	00:42:01	(14)	00:00:49	00:22:54	(14)	01:16:28
15	Maciej	Kowalski	21	M40	00:11:38	(67)	00:01:47	00:41:10	(10)	00:01:24	00:21:14	(9)	01:17:13
16	Dariusz	Kos	46	M30	00:10:15	(38)	00:01:44	00:40:02	(8)	00:00:42	00:24:43	(26)	01:17:26
17	Michał	Truszkowski	42	M30	00:09:13	(18)	00:01:00	00:43:54	(22)	00:00:31	00:23:08	(18)	01:17:46
18	Dawid	Kuraszkiewicz	56	M20	00:10:37	(44)	00:01:57	00:44:22	(25)	00:00:42	00:21:12	(8)	01:18:50
19	Dariusz	Skrocki	109	M50	00:09:04	(16)	00:01:10	00:42:43	(15)	00:01:11	00:25:06	(28)	01:19:14
20	Daniel	Jackowski	55	M30	00:11:40	(69)	00:00:48	00:43:29	(20)	00:01:07	00:23:01	(17)	01:20:05
21	Marcin	Biały	78	M30	00:08:25	(7)	00:01:04	00:44:01	(23)	00:00:51	00:25:54	(41)	01:20:15
22	Wojciech	Łukaszewicz	108	M18	00:09:35	(24)	00:01:37	00:43:12	(18)	00:01:06	00:25:09	(29)	01:20:39
23	Krzysztof	Czarnota	99	M40	00:08:51	(12)	00:02:38	00:45:09	(31)	00:01:23	00:23:38	(20)	01:21:39
24	Paweł	Jodko	61	M40	00:09:48	(29)	00:02:24	00:42:51	(16)	00:01:23	00:25:16	(30)	01:21:42
25	Jarek	Lech	66	M40	00:09:02	(15)	00:01:05	00:45:36	(33)	00:01:10	00:25:25	(34)	01:22:18
26	Tomasz	Nowak	94	M40	00:11:53	(76)	00:01:35	00:43:11	(17)	00:01:33	00:24:13	(23)	01:22:25
27	Przemysław	Miler	15	M40	00:10:26	(41)	00:01:51	00:43:41	(21)	00:00:55	00:25:37	(35)	01:22:30
28	Eliza	Marcinkowska	83	K40	00:10:00	(34)	00:01:35	00:45:43	(34)	00:00:53	00:24:32	(24)	01:22:43
29	Maciej	Włodarski	72	M50	00:08:50	(11)	00:01:33	00:46:05	(39)	00:01:26	00:25:25	(33)	01:23:19
30	Krzysztof	Sadowski	74	M50	00:09:57	(31)	00:01:16	00:45:08	(30)	00:01:18	00:25:41	(36)	01:23:20
31	Przemysław	Oleksiuk	30	M20	00:10:51	(50)	00:01:50	00:45:58	(38)	00:01:20	00:23:30	(19)	01:23:29
32	Józef	Makowicz	13	M60	00:10:41	(45)	00:02:19	00:44:21	(24)	00:01:22	00:25:21	(31)	01:24:04
33	Mateusz	Flaszyński	19	M20	00:11:50	(74)	00:01:51	00:47:42	(57)	00:01:21	00:21:20	(10)	01:24:04
34	Ania	Michalak	65	K40	00:09:46	(27)	00:01:14	00:47:07	(47)	00:00:57	00:25:22	(32)	01:24:26
35	Agnieszka	Doleżek	45	K30	00:09:35	(25)	00:01:14	00:45:58	(37)	00:00:48	00:26:53	(48)	01:24:28
36	Ewa	Karpienia	47	K50	00:10:11	(37)	00:01:21	00:46:11	(40)	00:00:56	00:27:04	(51)	01:25:43
37	Filip	Fiedot	73	M20	00:10:00	(33)	00:03:01	00:47:19	(49)	00:01:17	00:24:10	(22)	01:25:47
38	Piotr	Jakubowski	89	M40	00:10:48	(48)	00:00:42	00:45:20	(32)	00:01:01	00:28:09	(60)	01:26:00
39	Mateusz	Szczepkowski	98	M18	00:11:53	(77)	00:01:35	00:45:52	(36)	00:00:54	00:25:46	(39)	01:26:00
40	Sławomir	Przybylski	101	M50	00:09:29	(21)	00:02:38	00:46:46	(45)	00:01:47	00:25:41	(37)	01:26:21
41	Gabryśia	Hołubowicz	102	K18	00:08:36	(9)	00:01:33	00:48:45	(62)	00:00:53	00:26:38	(46)	01:26:25
42	Michał	Marcinkowski	85	M40	00:11:06	(57)	00:01:55	00:45:43	(35)	00:01:18	00:26:34	(45)	01:26:36
43	Michał	Czerwiński	97	M30	00:10:06	(35)	00:01:27	00:46:21	(42)	00:01:02	00:27:40	(55)	01:26:36

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Ośno Lubuskie 2019

MIEJSCE	IMIĘ	NAZWISKO	NR. STARTOWY	KAT WIEK	PŁYWANIE	M1	T1	ROWERY	M2	T2	BIEG	M3	TOTAL
44	Damian	Kowalów	107	M30	00:11:38	(68)	00:01:26	00:46:31	(43)	00:00:42	00:26:41	(47)	01:26:58
45	Arek	Misiukiewicz	2	M20	00:11:05	(56)	00:01:37	00:47:40	(55)	00:00:54	00:25:51	(40)	01:27:07
46	Hanna	Olechnowicz-Bartkowska	81	K40	00:11:12	(58)	00:01:36	00:44:56	(27)	00:01:44	00:27:41	(56)	01:27:09
47	Bartosz	Apanowicz	87	M30	00:09:30	(22)	00:01:35	00:48:19	(60)	00:01:16	00:27:12	(53)	01:27:52
48	Piotr	Pawlak	18	M40	00:10:23	(39)	00:01:39	00:46:14	(41)	00:01:07	00:28:47	(64)	01:28:10
49	Tomasz	Wysocki	69	M20	00:10:42	(46)	00:02:12	00:51:46	(78)	00:00:40	00:22:54	(15)	01:28:14
50	Anna	Kapturska	90	K40	00:11:56	(78)	00:01:42	00:46:37	(44)	00:01:06	00:26:59	(50)	01:28:20
51	Tomasz	Kos	51	M30	00:09:57	(32)	00:01:35	00:49:28	(69)	00:01:08	00:26:14	(43)	01:28:22
52	Wojciech	Dutczak	31	M30	00:10:37	(43)	00:02:07	00:47:36	(54)	00:00:40	00:27:46	(59)	01:28:46
53	Wojciech	Jaszkul	62	M30	00:10:54	(51)	00:01:24	00:49:19	(67)	00:02:09	00:25:01	(27)	01:28:47
54	Wiktoria	Olejnik	63	K20	00:08:54	(13)	00:01:52	00:51:03	(76)	00:00:42	00:26:20	(44)	01:28:51
55	Monika	Matla-Fink	22	K30	00:11:45	(73)	00:01:49	00:48:23	(61)	00:00:51	00:26:04	(42)	01:28:52
56	Patryk	Lukoszek	17	M20	00:10:34	(42)	00:03:14	00:47:13	(48)	00:00:59	00:26:57	(49)	01:28:57
57	Sylvia	Biernacka	11	K40	00:10:56	(54)	00:01:29	00:45:06	(29)	00:01:13	00:30:51	(72)	01:29:35
58	Krzysztof	Zawalski	33	M40	00:09:42	(26)	00:01:59	00:51:00	(75)	00:01:32	00:25:43	(38)	01:29:56
59	Roman	Łyszczak	77	M50	00:10:06	(36)	00:01:22	00:47:22	(51)	00:00:47	00:30:20	(70)	01:29:57
60	Marek	Dębowski	4	M30	00:11:19	(62)	00:01:30	00:49:17	(66)	00:00:45	00:27:41	(57)	01:30:32
61	Jakub	Gnat	110	M40	00:11:29	(65)	00:00:19	00:47:06	(46)	00:01:32	00:30:07	(69)	01:30:33
62	Michał	Zychla	92	M30	00:13:01	(86)	00:02:34	00:44:28	(26)	00:01:22	00:29:12	(65)	01:30:37
63	Monika	Szombierska	35	K30	00:12:27	(83)	00:01:10	00:49:14	(65)	00:00:55	00:27:17	(54)	01:31:03
64	Paulina	Radys	53	K20	00:11:04	(55)	00:01:22	00:50:59	(74)	00:00:59	00:27:04	(52)	01:31:28
65	Karolina	Lenc	14	K20	00:10:56	(52)	00:01:51	00:47:33	(53)	00:00:45	00:31:00	(73)	01:32:05
66	Mateusz	Lewandowski	57	M30	00:11:59	(79)	00:01:31	00:50:20	(72)	00:00:40	00:27:43	(58)	01:32:13
67	Iga	Dubiec	88	K18	00:09:51	(30)	00:02:11	00:47:42	(56)	00:01:13	00:31:20	(76)	01:32:17
68	Jakub	Kurasiński	84	M40	00:11:44	(72)	00:01:38	00:49:40	(70)	00:00:42	00:28:37	(62)	01:32:21
69	Paweł	Dziedzic	79	M30	00:12:08	(82)	00:02:17	00:47:20	(50)	00:01:12	00:29:26	(66)	01:32:23
70	Piotr	Szurmiej	68	M30	00:11:17	(60)	00:02:01	00:47:52	(58)	00:01:49	00:31:11	(75)	01:34:10
71	Martyna	Rud	52	K20	00:11:22	(63)	00:01:53	00:50:28	(73)	00:00:54	00:30:26	(71)	01:35:03
72	Milja	Juonon	82	K20	00:12:01	(80)	00:01:47	00:52:22	(80)	00:00:37	00:28:36	(61)	01:35:23
73	Artur	Wiza	104	M40	00:10:25	(40)	00:01:39	00:49:21	(68)	00:01:16	00:32:49	(80)	01:35:30
74	Piotr	Matluch	36	K40	00:14:17	(89)	00:02:20	00:48:57	(63)	00:01:16	00:28:43	(63)	01:35:33
75	Damian	Pysiak	1	M30	00:11:18	(61)	00:02:49	00:47:30	(52)	00:01:27	00:33:21	(83)	01:36:25
76	Joanna	Zdanowska	86	K40	00:11:43	(70)	00:01:22	00:52:54	(82)	00:01:17	00:29:33	(67)	01:36:49
77	Ariane	Flisikowska	95	K20	00:10:56	(53)	00:01:23	00:52:01	(79)	00:00:57	00:32:05	(77)	01:37:22
78	Wioletta	Żurawska	7	K40	00:11:27	(64)	00:01:28	00:50:13	(71)	00:01:21	00:33:34	(85)	01:38:03
79	Leszek	Zamrzycki	9	M60	00:11:52	(75)	00:02:32	00:49:09	(64)	00:01:08	00:33:53	(87)	01:38:34
80	Ewelina	Garczyk	71	K30	00:10:45	(47)	00:01:59	00:51:07	(77)	00:01:35	00:33:25	(84)	01:38:51
81	Magdalena	Talkowska	50	K30	00:12:31	(84)	00:01:36	00:54:51	(86)	00:01:13	00:29:52	(68)	01:40:03
82	Agata	Lichocka	24	K30	00:15:11	(91)	00:01:49	00:47:55	(59)	00:01:16	00:34:59	(89)	01:41:10
83	Gosia	Donigiewicz	70	K40	00:11:12	(59)	00:01:52	00:55:42	(88)	00:01:07	00:32:44	(79)	01:42:37
84	Piotr	Jodko	58	M40	00:12:05	(81)	00:01:56	00:53:14	(83)	00:01:49	00:34:06	(88)	01:43:10
85	Cecylia	Kochańska	10	K20	00:11:29	(66)	00:01:20	00:57:04	(90)	00:01:31	00:32:26	(78)	01:43:50
86	Szczepan	Zawadzki	27	M30	00:14:08	(88)	00:02:53	00:54:26	(85)	00:00:44	00:33:05	(81)	01:45:16

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Ośno Lubuskie 2019

MIEJSCE	IMIĘ	NAZWISKO	NR. STARTOWY	KAT WIEK	PŁYWANIE	M1	T1	ROWERY	M2	T2	BIEG	M3	TOTAL
87	Renata	Słota	64	K30	00:12:33	(85)	00:02:07	00:52:32	(81)	00:01:47	00:36:21	(92)	01:45:20
88	Robert	Spychała	93	M30	00:13:06	(87)	00:04:33	00:53:53	(84)	00:01:48	00:33:09	(82)	01:46:29
89	Ryszard	Rachlewicz	3	M50	00:11:44	(71)	00:02:38	00:55:51	(89)	00:01:56	00:35:23	(90)	01:47:32
90	Paulina	Czarnota	100	K20	00:10:49	(49)	00:02:32	00:57:05	(91)	00:01:16	00:36:10	(91)	01:47:52
91	Marcin	Masłowski	29	M40	00:15:28	(93)	00:03:11	00:55:33	(87)	00:01:43	00:33:36	(86)	01:49:31
92	Robert	Zapotoczny	103	M50	00:14:51	(90)	00:03:55	01:00:51	(92)	00:03:09	00:31:07	(74)	01:53:53
93	Maciej	Tajduś	91	M30	00:15:17	(92)	00:03:26	01:01:43	(93)	00:02:08	00:40:04	(93)	02:02:38

CROSS TRAIHLON
OŚNO LUBUSKIE

2019/08/11

MIEJSCE OPEN	IMIĘ	NAZWISKO	NR. STARTOWY	KATEGORIA WIEKOWA	MIEJSCE W KATEGORII	LEŚNIK	PŁYWANIE	T1	ROWER	T2	BIEGANIE	TOTAL
1	Radosław	Bartkowski	56	M30	1		00:05:30 (11)	00:01:06	00:24:14 (1)	00:00:50	00:10:27 (8)	00:42:07
2	Łukasz	Kulka	60	M30	2		00:04:40 (3)	00:00:51	00:26:09 (3)	00:00:49	00:10:11 (4)	00:42:40
3	Paweł	Gurgul	15	M20	1		00:04:41 (5)	00:01:01	00:26:27 (4)	00:00:27	00:10:16 (6)	00:42:52
4	Robert	Walczak	3	M30	3		00:04:06 (2)	00:00:47	00:27:49 (11)	00:00:36	00:10:07 (2)	00:43:25
5	Tomasz	Zdanowski	47	M40	1		00:04:40 (4)	00:00:48	00:26:35 (7)	00:01:03	00:10:31 (9)	00:43:37
6	Maciej	Zimny	12	M20	2		00:05:21 (9)	00:01:11	00:26:49 (9)	00:00:26	00:10:12 (5)	00:43:59
7	Krzysztof	Gurgul	24	M50	1		00:06:00 (18)	00:01:11	00:24:54 (2)	00:00:46	00:11:52 (15)	00:44:43
8	Adam	Bagiński	4	M30	4		00:05:36 (13)	00:01:16	00:27:06 (10)	00:00:45	00:10:16 (7)	00:44:59
9	Maciej	Kowalski	9	M40	2		00:06:18 (25)	00:01:22	00:26:28 (5)	00:00:57	00:10:10 (3)	00:45:15
10	Piotr	Chrzan	16	M40	3		00:05:20 (8)	00:01:12	00:26:34 (6)	00:00:47	00:11:25 (12)	00:45:18
11	Artur	Grędziński	5	M40	4		00:05:47 (14)	00:00:57	00:26:43 (8)	00:00:59	00:11:12 (11)	00:45:38
12	Karol	Niesterowicz	20	M20	3		00:06:36 (28)	00:01:16	00:28:15 (12)	00:00:33	00:10:58 (10)	00:47:38
13	Krzysztof	Solarek	29	M30	5		00:06:47 (38)	00:01:13	00:29:21 (14)	00:00:33	00:10:04 (1)	00:47:58
14	Michał	Truskowski	28	M30	6		00:05:18 (7)	00:00:56	00:29:43 (17)	00:00:34	00:11:34 (13)	00:48:05
15	Tomasz	Cieślak	23	M20	4		00:05:21 (10)	00:01:14	00:29:33 (16)	00:00:34	00:12:25 (18)	00:49:07
16	Damian	Hejman	26	M30	7		00:06:05 (20)	00:00:56	00:29:22 (15)	00:00:32	00:12:32 (20)	00:49:27
17	Michał	Czujko	54	M30	8		00:06:20 (26)	00:01:46	00:29:43 (18)	00:00:44	00:11:37 (14)	00:50:10
18	Hubert	Kosiński	34	M18	1		00:06:11 (24)	00:01:08	00:30:31 (21)	00:00:42	00:12:02 (16)	00:50:34
19	Krzysztof	Cychowski	19	M40	5		00:06:04 (19)	00:01:28	00:28:45 (13)	00:01:13	00:14:38 (29)	00:52:08
20	Ania	Michalak	46	K40	1		00:05:51 (16)	00:01:22	00:31:54 (25)	00:00:38	00:12:28 (19)	00:52:13
21	Krzysztof	Bohuszko	11	M50	2		00:06:25 (27)	00:02:09	00:30:25 (20)	00:01:05	00:12:54 (21)	00:52:58
22	Krzysztof	Zawalski	22	M40	6		00:05:52 (17)	00:01:27	00:32:50 (26)	00:01:00	00:12:10 (17)	00:53:19
23	Hanna	Olechnowicz-Bartkowska	59	K40	2		00:06:36 (29)	00:01:27	00:31:02 (23)	00:02:07	00:13:28 (23)	00:54:40
24	Dariusz	Maksymowicz	38	M40	7		00:06:39 (30)	00:01:31	00:30:02 (19)	00:01:28	00:15:20 (35)	00:55:00
25	Kamil	Hertel	14	M18	2		00:07:53 (48)	00:01:30	00:31:26 (24)	00:00:42	00:13:33 (24)	00:55:04
26	Kamila	Szurmiej	36	K20	1		00:06:05 (21)	00:01:37	00:32:54 (27)	00:00:40	00:14:54 (31)	00:56:10
27	Patryk	Pieprzyk	25	M30	9		00:05:30 (12)	00:01:31	00:34:04 (34)	00:01:01	00:14:36 (28)	00:56:42
28	Roksana	Woronowicz	35	K20	2		00:06:06 (22)	00:01:20	00:34:41 (37)	00:00:39	00:14:18 (27)	00:57:04
29	Tomasz	Pilch	58	M50	3		00:06:44 (35)	00:01:27	00:30:57 (22)	00:00:57	00:17:09 (48)	00:57:14
30	Dominik	Płucienniczak	40	M18	3		00:07:12 (44)	00:01:38	00:33:36 (32)	00:00:51	00:13:58 (25)	00:57:15
31	Maikel	Żbik	55	M20	5		00:06:49 (39)	00:02:35	00:33:33 (31)	00:00:59	00:13:19 (22)	00:57:15
32	Beata	Małachowska	48	K40	3		00:06:50 (40)	00:01:04	00:34:39 (36)	00:00:39	00:15:26 (36)	00:58:38
33	Piotr	Grzybowski	43	M40	8		00:07:30 (47)	00:01:38	00:34:14 (35)	00:00:52	00:14:41 (30)	00:58:55
34	Dominika	Michalak	37	K18	1		00:05:48 (15)	00:02:02	00:33:25 (29)	00:00:42	00:16:59 (46)	00:58:56
35	Grzegorz	Hertel	13	M40	9	TAK	00:07:10 (43)	00:01:53	00:33:30 (30)	00:00:42	00:16:23 (44)	00:59:38
36	Agata	Janusz	51	K18	2		00:06:46 (37)	00:02:03	00:34:49 (39)	00:01:03	00:15:16 (34)	00:59:57
37	Bartosz	Janusz	50	M40	10		00:07:08 (42)	00:01:45	00:34:48 (38)	00:01:01	00:15:16 (33)	00:59:58
38	Aleksandra	Kowalska	10	K18	3		00:06:10 (23)	00:01:47	00:33:18 (28)	00:01:16	00:17:31 (50)	01:00:02
39	Paulina	Chrzan	44	K18	4		00:04:43 (6)	00:01:01	00:38:51 (47)	00:00:39	00:15:02 (32)	01:00:16
40	Marcin	Aleksandrowicz	21	M20	6		00:06:40 (31)	00:02:19	00:35:04 (40)	00:00:57	00:15:26 (37)	01:00:26

CROSS TRAITHLON
OŚNO LUBUSKIE

2019/08/11

MIEJSCE OPEN	IMIĘ	NAZWISKO	NR. STARTOWY	KATEGORIA WIEKOWA	MIEJSCE W KATEGORII	LEŚNIK	PŁYWANIE	T1	ROWER	T2	BIEGANIE	TOTAL
41	Beata	Górka	31	K30	1		00:08:09 (50)	00:01:41	00:35:48 (41)	00:00:49	00:14:02 (26)	01:00:29
42	Wioletta	Żurawska	2	K40	4		00:06:43 (33)	00:01:16	00:36:02 (42)	00:00:50	00:15:52 (39)	01:00:43
43	Dorian	Lochert	45	M18	4		00:04:03 (1)	00:01:43	00:37:58 (44)	00:00:56	00:16:16 (43)	01:00:56
44	Małgorzata	Litwiniak-Grędzińska	6	K40	5		00:08:17 (54)	00:01:32	00:34:03 (33)	00:01:25	00:15:49 (38)	01:01:06
45	Mateusz	Matuszak	41	M18	5		00:06:45 (36)	00:02:16	00:36:23 (43)	00:01:13	00:17:03 (47)	01:03:40
46	Kacper	Grędziński	7	M18	6		00:06:41 (32)	00:01:26	00:40:19 (48)	00:01:02	00:15:56 (40)	01:05:24
47	Olivia	Garczyk	42	K18	5		00:07:16 (45)	00:02:25	00:38:39 (45)	00:00:59	00:16:52 (45)	01:06:11
48	Marek	Surdyk	57	M50	4		00:09:13 (55)	00:01:58	00:38:44 (46)	00:01:30	00:17:46 (52)	01:09:11
49	Paulina	Truskowska-Orłowska	52	K30	2		00:08:05 (49)	00:01:56	00:42:47 (49)	00:00:51	00:15:59 (41)	01:09:38
50	Magdalena	Najdek	49	K40	6		00:07:07 (41)	00:02:45	00:43:31 (50)	00:00:50	00:16:01 (42)	01:10:14
51	Natalia	Guzenda	8	K20	3		00:06:43 (34)	00:01:50	00:45:30 (55)	00:00:46	00:18:40 (53)	01:13:29
52	Marcin	Świątek	32	M18	7		00:08:13 (51)	00:04:17	00:44:41 (54)	00:00:49	00:17:14 (49)	01:15:14
53	Joanna	Świątek	27	K30	3		00:08:16 (53)	00:04:17	00:44:40 (53)	00:00:49	00:17:40 (51)	01:15:42
54	Dorota	Hrycak-Krzyżanowska	18	K50	1		00:08:14 (52)	00:03:27	00:44:03 (51)	00:01:30	00:21:27 (55)	01:18:41
55	Zuzanna	Krzyżanowska	17	K20	4		00:07:17 (46)	00:04:20	00:44:06 (52)	00:01:32	00:21:26 (54)	01:18:41

SZTAFETA TRIATHLON
OŚNO LUBUSKIE

2019/08/11

MIEJSCE OPEN	NR. STARTOWY	KLUB	KAT.	PŁYWANIE	T1	ROWER	T2	BIEG	TOTAL
1	10	MPK Ośno	Rodzina	00:04:39 (3)	00:00:28	00:24:32 (2)	00:00:25	00:08:58 (1)	00:39:02
2	11	Szwagry Team	Drużyna	00:04:44 (4)	00:00:22	00:24:34 (3)	00:00:24	00:11:02 (8)	00:41:06
3	6	Szybcy i uśmiechnięci	Rodzina	00:05:20 (11)	00:00:25	00:25:47 (5)	00:00:22	00:09:16 (2)	00:41:10
4	20	są gorsi	Rodzina	00:05:39 (15)	00:00:20	00:26:11 (7)	00:00:24	00:09:27 (3)	00:42:01
5	35	TriBar	Rodzina	00:06:08 (18)	00:00:23	00:24:30 (1)	00:00:21	00:11:22 (10)	00:42:44
6	2	Kurasie	Rodzina	00:04:09 (2)	00:00:26	00:27:04 (13)	00:00:22	00:11:03 (9)	00:43:04
7	15	Lamy Szczecin	Rodzina	00:07:03 (32)	00:00:22	00:24:40 (4)	00:00:23	00:12:04 (15)	00:44:32
8	31	BIERNACCY	Rodzina	00:06:09 (19)	00:00:21	00:27:03 (12)	00:00:26	00:10:43 (6)	00:44:42
9	22	Mizerscy	Rodzina	00:06:34 (21)	00:00:21	00:26:29 (10)	00:00:24	00:11:59 (14)	00:45:47
10	9	TOTAL FUN	Drużyna	00:06:51 (26)	00:00:20	00:27:43 (15)	00:00:22	00:10:59 (7)	00:46:15
11	32	Frieske	Rodzina	00:05:03 (8)	00:00:24	00:29:12 (20)	00:00:36	00:11:42 (11)	00:46:57
12	36	Amatorzy Triathlonu	Drużyna	00:06:41 (24)	00:00:24	00:26:25 (9)	00:00:27	00:13:19 (20)	00:47:16
13	3	Kolarze z górki"Ciśnij Team"	Rodzina	00:06:34 (22)	00:00:25	00:26:39 (11)	00:00:42	00:13:28 (21)	00:47:48
14	26	Garczyk team	Rodzina	00:06:04 (17)	00:00:31	00:29:13 (21)	00:00:25	00:11:46 (12)	00:47:59
15	14	NoDaNi	Rodzina	00:06:56 (27)	00:00:28	00:28:47 (17)	00:00:32	00:12:30 (16)	00:49:13
16	19	INIEMAMOCNI	Rodzina	00:06:39 (23)	00:00:23	00:28:12 (16)	00:00:23	00:13:39 (22)	00:49:16
17	43	Sztafeta nr 43	Drużyna	00:07:01 (29)	00:00:23	00:26:15 (8)	00:00:25	00:15:35 (26)	00:49:39
18	28	Bączki Team	Rodzina	00:05:09 (9)	00:00:28	00:31:56 (27)	00:00:28	00:11:47 (13)	00:49:48
19	13	Sąsiedzka Wataha	Rodzina	00:07:02 (30)	00:00:25	00:26:07 (6)	00:00:25	00:15:50 (27)	00:49:49
20	8	Mistrzowskie Rowery Lech Piasecki	Rodzina	00:04:04 (1)	00:00:26	00:30:27 (24)	00:00:30	00:14:23 (25)	00:49:50
21	27	Morsy Ośno Lubuskie	Rodzina	00:05:35 (14)	00:00:20	00:30:24 (23)	00:00:30	00:13:04 (18)	00:49:53
22	17	Talkowscy	Rodzina	00:07:17 (33)	00:00:21	00:31:12 (26)	00:00:27	00:10:37 (5)	00:49:54
23	42	Sztafeta nr 42	Drużyna	00:05:23 (13)	00:00:20	00:34:13 (29)	00:00:27	00:09:32 (4)	00:49:55
24	23	Zmęczeni na Starcie Dobiegiew	Rodzina	00:06:13 (20)	00:00:23	00:31:03 (25)	00:00:28	00:12:35 (17)	00:50:42
25	1	Robaki Pysiaki	Rodzina	00:04:53 (5)	00:00:25	00:29:00 (18)	00:00:30	00:17:09 (30)	00:51:57
26	30	Sztafeta nr 30	Rodzina	00:04:57 (6)	00:00:27	00:35:35 (31)	00:00:28	00:13:07 (19)	00:54:34
27	5	Woronowicze	Rodzina	00:08:06 (34)	00:00:22	00:29:28 (22)	00:00:23	00:16:40 (29)	00:54:59
28	33	Michałowscy	Rodzina	00:05:45 (16)	00:00:31	00:27:24 (14)	00:00:41	00:21:18 (34)	00:55:39
29	25	MATUSZAK TEAM	Rodzina	00:06:56 (28)	00:00:25	00:29:03 (19)	00:00:30	00:19:21 (33)	00:56:15
30	41	Sztafeta nr 41	Drużyna	00:07:02 (31)	00:00:24	00:34:42 (30)	00:00:28	00:14:19 (24)	00:56:55
31	34	M3	Rodzina	00:06:45 (25)	00:00:23	00:33:00 (28)	00:00:47	00:16:09 (28)	00:57:04
32	12	CzapiewscyTeam	Rodzina	00:04:57 (7)	00:00:23	00:38:36 (33)	00:00:29	00:13:53 (23)	00:58:18
33	24	milcherty	Rodzina	00:05:11 (10)	00:00:29	00:36:31 (32)	00:00:27	00:17:19 (31)	00:59:57
34	21	Pędzące Maliny	Rodzina	00:05:22 (12)	00:00:32	01:01:18 (34)	00:00:27	00:17:37 (32)	01:25:16